

**MICHAEL FITZNER - VILDEURTER**

**PRODUCTS 2025**

**Company:**

**E-mail for newsletter:**



## JAM/PICKLE LIST

PRODUCT	SEASON	NOTES
<b>Wild berries</b>		
Cloudberries – fresh	Start Aug. - end Aug.	
Wild blueberries - fresh	End of July - start Sep.	
Wild blueberries coarsely harvested - fresh	End of July - start Sep.	
Lingonberry	Aug. – Sep.	
Elderberries unripe		
Elderberry ripe		
Miabella w. stone unripe		
Miabella without stones unripe		
<b>Cultivated berries and fruits</b>		
Unripe plums	start June - 2-3 days	
Plums		
Strawberries - Organic	June - July	
Unripe strawberries - Organic	June - July	
Unripe blackcurrants	Mid-June - end of June	
Blackcurrant July		
Unripe blackberries	Mid-July - mid-Aug.	
Blackberry		
Red currants - Organic	End of July - start of Aug.	
White currants - Organic Mid June – mid July	Mid June – mid July	
Unripe cherry mini		
Unripe cherries	Start June - 2-3 days	
Cherry XXL	Mid-July – mid-Aug.	
Unripe gooseberries - Organic	June	
Gooseberries - Organic		
Quinces	Sep. – Oct.	
Green rhubarb		
Figs		
<b>Other cultivated</b>		
Jungle cucumbers	Sep. – Oct.	
Grape cucumbers		
Cherry flowers		
Fennel flowers Aug. – Sep.	Aug. – Sep.	
Blackcurrant leaves June - July	June - July	
Fig leaves Aug. – Oct.	Aug. – Oct.	
Green Coriander Seeds Mid-July – Mid-Sep.	Mid-July – Mid-Sep.	
Hazelnuts Mid Sep. - end Sep.	Mid Sep. - end Sep.	
<b>Wild herbs</b>		
Spruce shoot mini - non-food	End of May - mid-June	
Spruce elm - non-food	End of May - mid-June	
Immature pine cones mini - nonfood	Mid-May – mid-June	
Unripe pine cones small - nonfood	Mid-May – mid-June	

Immature branch cones medium - nonfood	Mid-May – mid-June	
Male Pine Flower - NonFood	End May – End of June	
Douglas fir (giant fir) - nonfood		
Slice of chamomile - Nonfood	Mid-May – end of July	
Meadowsweet flower	Start July	
Woodland May - July	May - July	
Magnolia flowers		
Elderflower Mid-June – short flowering	Mid-June – short flowering	
Rosehip (petals)	End May - Aug.	
Unripe ramson flowers - nonfood	End of April	
Ramson capers - nonfood	Start June (2 weeks)	
Green Juniper Berries	All Year Round	

## THE FARM IN LEJRE

Crop	Availability (weeks)	Notes
<b><u>Salads</u></b>		
Claytonia (Winter Purslane)	Week 10 - 18	
Wintercress	Week 10 - 23	
Spinach, winter	Week 11 - 17	
Mizuna	13-23 & 40-45	
Mustard, Red Giant	14-22 & 40-45	
Mustard, Wasabina	14-22 & 40-45	
Arugula	14-27 & 40-45	
Cress	15-17	
Bucks Horn Plantain (Minutina)	16-27	
Spinach - Leaf Beet	17-24	
Swiss Chard, Rainbow	17-39	
Wild Rocket	18-42	
Lettuce, Red/Green Mini Romaine - Rougette de Midi	18-43	
Lettuce, Green Mini Romaine early/late	18-43	
Lettuce, Green Mini Romaine maincrop	18-43	
Lettuce, Red Mini Romaine 1	18-43	
Lettuce, Red Mini Romaine 2	18-43	
Salsola Soda	20-30	
Sorrel	20-40	
Lettuce – shoots	22-42	
Iceplant	23-43	
Purslane, Summer	24-40	
New Zealand Spinach	24-44	
Watercress	25-36	
Spinach – Malabar	28-38	
Radicchio	40-44	
Belgian Endive - for forcing	44-51	
<b><u>Edible flowers</u></b>		
Chervil flowers	13-16	
Arugula flowers	14-27 & 40-45	
Forget-me-not - blue	16-24	
Forget-me-not - white	16-24	
Cornflower	18-40	
Chinese Forget-me-not - blue	20-40	
Chives – flowers	21-34	
Sweet Alyssum – purple	22-44	

Sweet Alyssum – white	22-44	
Coriander – flowers	23-42	
Tagetes	24-41	
Marigold – mixed	24-44	
Marigold – orange	24-44	
Nasturtium - mixed colours	25-40	
Bronze Fennel – flowers	30-35	
Dill – flowers	30-35	
Fennel – flowers	34-42	
<b><u>Vegetables</u></b>		
Radish - red	14-23	
Radish - white	14-23	
Salad Turnip, Hakurei	17-36	
Carrot	18-28	
Spring Onion - Red	18-42	
Summer Squash - Courgette - Green	21-41	
Summer Squash - Courgette - Yellow	21-41	
Fennel (mini) early	22-27	
Rock Samphire	23-34	
Fennel (mini) late	28-36	
Artichoke	35-40	
Fennel (mini) mid	37-44	
Leek	42-03	
Fennel (late)	42-48	
<b><u>Herbs</u></b>		
Chervil - baby leaf	13-16	
Oyster Herb	18-35	
Coriander - leaf	19-42	
Dill – leaf	20-41	
Parsley – Curled	20-46	
Parsley - Flat Leaf	20-46	
Chives – leaf	21-26	
Olive Herb	22-39	
Thyme, lemon - with flowers	23-33	
Bronze Fennel – leaf	23-36	
Lemon Verbena	23-39	
Mint, Korean	24-40	
Coriander – seeds	27-42	

## GOTLAND

PRODUCT - Winter	QUANTITY	SEASON	NOTES
<b><u>BEETS</u></b>			
Beetroot - Mini round	5 kg	oct. - may	
Beetroot - 5 cm round	10 kg	oct. - may	
Beetroot - 8 cm round	10 kg	oct. - may	
Beetroot - XL round	10 kg	oct. - may	
Yellow Beets - Mini Round	5 kg	oct. - may	
Yellow Beets - 5 cm Round	10 kg	oct. - may	
Yellow Beets - 8 cm Round	10 kg	oct. - may	
Yellow Beets - XL round	10 kg	oct. - may	
Candy Beets Mini Round	5 kg	oct. - may	
<b><u>CARROTS</u></b>			
Carrots - small	5 kg		
Carrots - ordinary.	10 kg		
White Carrots - Small	5 kg		
White Carrots - ordinary.	5 kg		
Yellow Carrots - Small	5 kg		
Yellow Carrots - ordinary.	5 kg		
Red Carrots - Small	5 kg		
Purple Carrots - Small	5 kg		
Purple Carrots - ordinary.	5 kg		
<b><u>OTHER ROOTS &amp; ONIONS</u></b>			
Jerusalem artichokes	5 kg		
Parsley roots mini	5 kg		
Parsnip Mini	5 kg		
Parsnip reg.	5 kg		
Potato onions	5 kg		
Red onion	5 kg		
Onion	5 kg		
Shallots	5 kg		
Truffles	From 100g	Oct. – Dec.	
<b><u>POTATOES</u></b>			
Violet queen potato	10 kg		
Almond potato	10 kg		

Amondine potato	10 kg		
Asterix Red Peel Potato	10 kg		
Anika Ball Potato	10 kg		
<b>PRODUCT - Summer</b>	<b>QUANTITY</b>	<b>SEASON</b>	<b>NOTES</b>
<b><u>BEETS</u></b>			
Yellow beets, bundle – mini.		May – aug.	
Yellow beets, bundle – ordinary.		Mid june - aug.	
Beetroot, bundle – mini		May – aug.	
Beetroot, bundle – ordinary.		Mid june - aug.	
Candy beets, bundle – mini		May – aug.	
Candy beets, bundle – ordinary.		Mid june - aug.	
<b><u>OTHER ROOTS &amp; ONIONS</u></b>			
Garlic, baby salad garlic with top		May	
Garlic with ball and top		June - july	
Red onion, bunch		June - july	
Yellow onion, bunch		June - july	
Parsley root, bundle – mini.		July - Aug.	
<b><u>CUCUMBERS</u></b>			
Gherkins		July - sep.	
Jungle cucumbers		Aug. - nov.	

SWEDEN WILD

PRODUKT	SÆSON	NOTER
<b><u>Berries</u></b>		
Wild blueberries	End of july - first week of sep.	
Wild blueberries coarsely harvested	End of july - first week of sep.	
Cloudberry	Start aug. and 3 weeks ahead.	
Cowberry	Mid aug. og 2-3 weeks ahead	
Foxberries	Mid aug. og 2-3 weeks ahead	
<b><u>Mushrooms</u></b>		
Small chanterelles	Aug. - oct.	
Large chanterelles	Aug. - oct.	
Red/yellow trumpet sponge	Mid aug. - oct.	
Black Trumpet Sponge	Mid aug. - oct.	
Funnel chanterelles	Midt aug. - midt oct.	
Karl Johan	Aug. - sep.	
Cauliflower mushrooms		
Prickly mushroom	Midt aug. - midt sep.	



## DENMARK WILD

PRODUCT	SEASON	NOTES
<b>Beach</b>		
Watercress flower	April - July	
Beach cress	April - July	
Sea kale	Midt April - July	
Strandmælde	May - midt Aug.	
Strandarve - Nonfood	May - Oct.	
Rosehip (petals)	May - Aug.	
Oystercatcher	June - Sep.	
Beach mustard - Nonfood	June - Oct. (first frost)	
Sea mustard flower - nonfood	June - Oct. (first frost)	
<b>Forest</b>		
Small ramson shoots	Feb. - midt may	
Ramsons	March - midt may	
Ramson flowers - Nonfood	Ca. 10. maj - 3 weeks ahead	
Wild garlic capers – nonfood		
Ground elder shoots	March - oct.	
Goutweed	March - oct.	
Nettle shoots	Start april - midt may	
Nettles	Midt may - oct.	
Sweet woodruff	May - july	
Sorrel	May - oct.	
Spruce shoots - Nonfood	End may - midt june	
Douglas fir - Nonfood	All year	
Juniper branches	All year	
Green juniper berries	All year	
Juniper	All year	

### Meadow

Rosette cress	mid-March - mid-May	
Violets	End of March - three weeks ahead	
Magnolia flower	April - 3 weeks ahead	
March violet	April - 3 weeks ahead	
Gold Star	Start April - end of April	
Yarrow shots	April - July	
Manna	mid-April - mid-May	
Sweet cicely	Mid-April - night frost	
Garlic mustard	Mid-April - mid-June	
Stepmother Violet	May - mid-June	
St. John's wort – Nonfood	Mid-May - end of July	
Slice of chamomile – Can be frozen	Mid-May - Mid-July	

Nettle	May - mid-June	
Red Nettle in Bloom	Mid-May - Mid-June	
Pea flowers	June	
Mirabella	End of July - mid-Aug.	
Blooms Elderflower	Mid-June - short flowering	
Large pea flowers	July	
Wild onions – single delivery	July	
Meadowsweet flower	Start July	
Marjoram in bloom	Start July - start Sep.	
Elderberry	Start Aug. - Sep.	

# JUICE LIST

Raw pressed - Must be frozen upon delivery or used shortly after

PRODUCT	QUANTITY IN LITERS	NOTES
<b><u>ECO &amp; DANISH</u></b>		
White currants - Organic		
Currants - Organic		
Rhubarb green - Organic		
Rhubarb red - Organic		
Gooseberries - Organic		
Strawberries - Organic		
Aronia - Organic		
Blackcurrants - Organic		
<b><u>DANISH</u></b>		
Cherries		
Mirabelle		
White asparagus		
<b><u>WILD SWEDISH</u></b>		
Wild blueberries		
Wild cloudberries		

*The season is short as we pick when it is perfectly ripe.*  
*It is picked and pressed in one go.*  
*None of it is pasteurized to preserve as much flavor as possible.*  
*Therefore, it is important that it is frozen or used immediately after delivery.*